



Job Training and Safety NEWSLETTER

Information & Schedule for April 1 – June 14, 2013

This newsletter provides training information for the training period running from April to June. All those in our programs will have four hours of training provided during this period, with some having four hours of DEQ training. In this schedule you should see your city listed with the time of the class. If an operator misses a DEQ class, they may attend in any of the other cities listed in the program. Remember to have each operator fill out the appropriate form for the course.

Electric department personnel will have two classes in this training period. One class will be on safety and the other class will be the annual requirement for pole top rescue drill.

Electric Departments

1.5 – 2 hours

Back Safety at Work

- Facts
- Planning your job
- Preparing your Body
- Utilize proper technique with heavy lifting
- Work intelligently
- Ask for assistance
- Case Study on Back Pain
- Utilize proper technique when climbing
- Proper climbing tools
- Fatigue
- Positioning truck
- Identifying hazards

Public Works Departments

1.5 – 2 hours

Safe Operations and Maintenance

Backhoes, Trenchers and Front End Loaders

- Fleet Maintenance Schedule for Trenchers & Backhoes
- Check the hydraulic system for leaks & proper fluid level
- Check the engine oil
- Loader / Backhoe Lubricating Schedule
- Trencher Lubricating Schedule
- Trencher Chain Adjustment
- Operator Safety

- Knowledge Check
- General Operations
- Front End Loader Operations
- Backhoe Operations
- Trencher Operations
- Shut Down Operations
- Loading Trencher / Front End Loader / Backhoe

DEQ Operator Renewal

4 hours

Part One: Personal Protective Equipment

- Overview and Objectives 10 min
- Video: Personal Protective Equipment 20 min
- Safety First Quiz: 25 min
- Review 5 min

Part Two: Safe Handling of Water Treatment Chemicals

- Discussion of the Safe Water Drinking Act (SWDA) 15 min
- Video: Safe handling of water treatment chemical 20 min
- Handout and review of a MSDS draft 25 min

Part Three: Respirator Safety

- Overview and common hazards that require PPE 20 min
- Video: Respirator Safety 20 min
- Review respirator use and care in Municipal Facility 20 min

Part Four: Night Work

- Work zone and other challenges 15 min
- Video Night work and Dangers 15 min
- Review of current Municipals night work policies 15 min
- Recap and Q & A 15 min

MESO will send a reminder email before scheduled safety meetings. Should there be a change due to weather or other unforeseen occurrence, we will contact the appropriate safety personnel by phone.

“ Happiness doesn't depend on any external conditions, it is governed by our mental attitude. ”

— Dale Carnegie

JT&S TRAINING SCHEDULE

Training Period 3

April 1 through June 14, 2013

DATE	TIME	LOCATION		MEETING
Mon Apr 1, 2013	8am - 12pm	Spiro	Tom D	(DEQ) #11171
	2pm - 4pm	Sallisaw	Tom D	(E)
Tue Apr 2, 2013	7am - 9am	Clarksville	Tom D	(E)
	7am - 9am	Monett	Ron	(E)
	9am - 11am	Clarksville	Tom D	(PW)
	9am - 11am	Monett	Ron	(PW)
	2pm - 4pm	Benton	Tom D	(PT))
	2pm - 4pm	Bentonville	Ron	(E)
Wed Apr 3, 2013	7:30am - 9:30am	Hope	Tom D	(E)
	8am - 10am	Siloam Springs	Ron	(E)
	10am - 12pm	Hope	Tom D	(P)
	1pm - 2:30pm	Prescott	Tom D	(P)
	1pm - 5pm	Stilwell	Ron	(DEQ) #11173
	2:30pm - 4:30pm	Prescott	Tom D	(E)
Thu Apr 4, 2013	8am - 12pm	Broken Bow	Tom D	(DEQ) #11176
	8am - 10am	Stilwell	Ron	(E)
	1pm - 3pm	Broken Bow		
	1pm - 5pm	(Housing) Tahlequah	Tom D Ron	(E) (DEQ) # 11311
Fri Apr 5, 2013	8am - 10am	Tahlequah	Ron	(E)
	1pm - 5pm	Haskell	Ron	(DEQ) #11177
Tue Apr 9, 2013 <i>Climbing School, Edmond Electric/MESO Training Field, Edmond, OK</i>				
Tue Apr 9, 2013	7:30am - 9:30am	GRDA	Ron	(E)
	10am - 12pm	Pryor	Ron	(E)
	1pm - 5pm	Pryor	Ron	(DEQ) #11178
Wed Apr 10, 2013 <i>Climbing School, Edmond Electric/MESO Training Field, Edmond, OK</i>				
Wed Apr 10, 2013	8am - 12pm	Chelsea	Ron	(DEQ) #11179
	1pm - 5pm	Vinita	Ron	(DEQ) #11180
Thu Apr 11, 2013	7am - 11am	Miami	Ron	(DEQ) #11181
Mon Apr 15, 2013 1pm - 5pm Yale Terry (DEQ) #11185				
Tue Apr 16, 2013	7am - 9am	Claremore	Terry	(E)
	8am - 10am	Duncan	Tom D	(PT)
	12:30pm - 2:30pm	Comanche	Tom D	(PT)
	1pm - 5pm	Collinsville	Terry	(DEQ) #11186

Wed Apr 17, 2013	7am - 9am	Lindsay	Tom D	(PT)
	8am - 10am	Skiatook	Terry	(E)
	10am - 12pm	Purcell	Tom D	(PT)
	1pm - 3pm	Lexington	Tom D	(PT)
	1pm - 5pm	Skiatook	Terry	(DEQ) #11187
Thu Apr 18, 2013	7am - 9am	Edmond	Tom D	(PT)
	8am - 10am	Collinsville	Terry	(E)
	12:30pm - 2:30pm	Prague	Tom D	(PT)
	1pm - 3pm	Mannford	Terry	(E)
Mon Apr 22, 2013	Public Power Conference, Reed Conference Center, Midwest City, OK			
Tue Apr 23, 2013	Public Power Conference, Reed Conference Center, Midwest City, OK			
Tue Apr 23, 2013	8am - 12pm	Kingfisher	Terry	(DEQ) #11188
	1pm - 5pm	El Reno	Terry	(DEQ) #11189
Tue Apr 30, 2013	8am - 10am	Kingfisher	Terry	(E)
	8am - 10am	Perry	Tom D	(PT)
	10:30am - 12:30pm	Tonkawa	Tom D	(PT)
	1pm - 3pm	Cushing	Ron	(E)
	1pm - 5pm	Geary	Terry	(DEQ) #11190
	3pm - 5pm	Blackwell	Tom D	(PT)
Wed May 1, 2013	8am - 12pm	Cushing	Ron	(DEQ) #11222
	8am - 10am	Fairview	Terry	(E)
	8am - 10am	Ponca City	Tom D	(PT)
	10:30am - 12:30pm	Newkirk	Tom D	(PT)
	1pm - 5pm	Waynoka	Terry	(DEQ) #11221
	2:30pm - 4:30pm	Pond Creek	Tom D	(PT)
	2:30pm - 4:30pm	Stillwater	Ron	(E)
Thu May 2, 2013	8am - 10am	Duncan	Tom D	(PT)
	8am - 12pm	Seiling	Terry	(DEQ) #11223
	12:30pm - 2:30pm	Comanche	Tom D	(PT)
	8am - 12pm	Watonga	Ron	(DEQ) #11224
	1pm - 5pm	Mooreland	Terry	(DEQ) #11225
	1pm - 3pm	Watonga	Ron	(E)
Mon May 6, 2013	9:45am - 11:45am	Hominy	Ron	(E)
	1pm - 5pm	Pawhuska	Ron	(DEQ) #11230
Tue May 7, 2013	8am - 10am	Pawhuska	Ron	(E)
	9:45am - 11:45am	Sallisaw	Tom D	(PT)
	1pm - 5pm	Mannford (w/Cleveland PW)	Ron	(DEQ) #11237
	1:15pm - 3:15pm	Stilwell	Tom D	(PT)
Wed May 8, 2013	7am - 9am	Clarksville	Tom D	(PT)
	9am - 11am	Clarksville	Tom D	(PW)
	1pm - 5pm	Stroud	Ron	(DEQ) #11240

	2pm - 4pm	Benton	Tom D	(PT)
Thu May 9, 2013	7:30am - 9:30am	Hope	Tom D	(PT)
	10am - 12pm	Hope	Tom D	(PW)
	1pm - 2:30pm	Prescott	Tom D	(PW)
	2:30pm - 4:30pm	Prescott	Tom D	(PT)
Fri May 10, 2013	8am - 10am	Antlers	Tom D	(DEQ) #11250
	2pm - 4pm	Spiro	Tom D	(PT)
Mon May 13, 2013	7am - 9am	Lindsay	Terry	(E)
	7am - 9am	Monett	Tom D	(PT)
	9am - 11am	Monett	Tom D	(PW)
	1pm - 5pm	Duncan	Terry	(DEQ) #11259
	1:30pm - 3:30pm	Bentonville	Tom D	(PT)
Tue May 14, 2013	8am - 10am	Duncan	Terry	(E)
	8am - 10am	Siloam Springs	Tom D	(PT)
	10:30am - 12:30pm	Siloam Springs	Tom D	(PW)
	1pm - 5pm	Marlow	Terry	(DEQ) #11263
	2:30pm - 4:30pm	Tahlequah	Tom D	(PT)
Wed May 15, 2013	8am - 10am	Wagoner	Tom D	(PT)
	8am - 12pm	Walters	Terry	(DEQ) #11269
	1pm - 3pm	Collinsville	Tom D	(PT)
	1pm - 3pm	Walters	Terry	(E)
Thu May 16, 2013	7am - 9am	Claremore	Tom D	(PT)
	8am - 12pm	Frederick	Terry	(DEQ) #11274
	1pm - 3pm	Frederick	Terry	(E)
Mon May 20, 2013	10am - 12pm	Mangum	Tom D	(E)
	1pm - 5pm	Mangum	Tom D	(DEQ) #11280
Tue May 21, 2013	7:30am - 9:30am	GRDA	Ron	(PT)
	8am - 10am	Altus	Tom D	(E)
	10am - 12pm	Pryor	Ron	(PT)
	1pm - 5pm	Altus	Tom D	(DEQ) #11283
	3pm - 5pm	Miami	Ron	(PT)
Wed May 22, 2013	8am - 12pm	Comanche	Tom D	(DEQ) #11287
	8am - 10am	Pawhuska	Ron	(PT)
	10:30am - 12:30pm	Hominy	Ron	(PT)
	1pm - 5pm	Waurika	Tom D	(DEQ) #11288
	1:15pm - 3:15pm	Mannford	Ron	(PT)
Thu May 23, 2013	8am - 10am	Skiatook	Ron	(PT)
	10:30am - 12:30pm	Yale	Ron	(PT)
	1:30pm - 3:30pm	Stillwater	Ron	(PT)
Tue May 28, 2013	10am - 12pm	Stroud	Tom D	(PT)

	1pm - 3pm	Cushing	Tom D	(PT)
Wed May 29, 2013	8am - 12pm	Lexington	Ron	(DEQ) # 11296
Thu May 30, 2013	7am - 9am	Edmond	Ron	(E)
	10am - 12pm	Perry	Ron	(E)
	1pm - 5pm	Pond Creek (w/North Central)	Ron	(DEQ) # 11297
Fri May 31, 2013	8am - 12pm	Guthrie	Ron	(DEQ) # 11298
	1pm - 5pm	The Village	Ron	(DEQ) # 11299
Mon Jun 3, 2013	8am - 10am	Tecumseh	Ron	(E)
	1pm - 3pm	Prague	Ron	(E)
Tue Jun 4, 2013	10am - 12pm	Blackwell	Ron	(E)
	10am - 12pm	Walters	Tom D	(PT)
	1pm - 5pm	Blackwell	Ron	(DEQ) # 11319
	3pm - 5pm	Mangum	Tom D	(PT)
Wed Jun 5, 2013	7am - 9am	Altus	Tom D	(PT)
	7am - 11am	Ponca City	Ron	(DEQ) # 11320
	10am - 12pm	Frederick	Tom D	(PT)
	1pm - 5pm	Newkirk	Ron	(DEQ) # 11321
	2:30pm - 4:30pm	Cordell	Tom D	(PT)
Thu Jun 6, 2013	8am - 10am	Ponca City	Ron	(E)
	1pm - 5pm	Tonkawa	Ron	(DEQ) # 11322
Mon Jun 10, 2013	8am - 10am	Kingfisher	Tom D	(PT)
	10:30am - 12:30pm	Watonga	Tom D	(PT)
	3pm - 5pm	Fairview	Tom D	(PT)
Tue Jun 11, 2013	8am - 10am	Mooreland	Tom D	(E)
	10am - 12pm	Wagoner	Terry	(E)
	10:30am - 12:30pm	Waynoka	Tom D	(E)
	1pm - 5pm	Wagoner	Terry	(DEQ) #
	3pm - 5pm	Geary	Tom D	(E)
Wed Jun 12, 2013	8am - 10am	Siloam Springs	Terry	(PW)
	1pm - 3pm	Spiro	Terry	(E)
Fri Jun 14, 2013	Trainer's Meeting			

CALENDAR OF UPCOMING PROGRAMS

Climbing School – Level I	Edmond Electric/MESO Training Field	Edmond, OK	April 9-10, 2013
2013 Public Power Conference	Reed Conference Center	Midwest City, OK	April 21-23, 2013
2013 MESO Lineworkers' Rodeo	Cross Timbers	Edmond, OK	September 26, 2013
2014 APPA Lineworkers' Rodeo		Oklahoma	April 4-5, 2014

JT&S PARTICIPANT CITIES

Altus

N Central Area Council

Benton, AR	Newkirk
Bentonville, AR	OMPA
Blackwell	Okeene
Broken Bow	Pawhuska
Chelsea	Perry
Claremore	Ponca City
Clarksville, AR	Pond Creek
Cleveland	Prague
Collinsville	Prescott, AR
Comanche	Pryor Creek
Cordell	Purcell
Crescent	Sallisaw
Cushing	Seiling
Duncan	Siloam Springs, AR
Edmond	SWPA
El Reno	Skiatook
Fairview	Spiro
Frederick	Stillwater
GRDA	Stilwell
Geary	Stroud
Granite	Tahlequah
Guthrie	Taloga
Haskell	Tecumseh
Hominy	Tonkawa
Hope, AR	The Village
Kingfisher	Vici
Lexington	Vinita
Lindsay	Wagoner
Mangum	Walters
Mannford	Watonga
Marlow	Waurika
Miami	Waynoka
Monett, MO	Yale
Mooreland	



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2012-2013
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Tom Rider

Director of Administration & Accounting
Deborah Miner

Director of Training & Safety
Tom Dougherty

Drug Testing Coordinator
Tammie Murdoch

Training and Safety Instructors
Ron Nemecek
Terry Knox

LGTC Testing Professional
Michelle Danner

MESO OFFICE
308 N.E. 27th Street
Oklahoma City, OK 73105-2717
(405) 528-7564 (405) 524-5095 fax
(800) 636-6376

tom@meso.org
www.meso.org

Revised 05/06/2013