



MUNICIPAL ELECTRIC SYSTEMS OF OKLAHOMA

MESO PRESENTS

**“The Importance of Nonverbal
Communication in Your Work and Life”
Workshop
with Erick Rheam**

How can you achieve anything of significance without the help of others?

Strong communication skills are important if you want gain buy-in from your colleagues, leadership, friends, and family; however, your words are only part of your communication toolbox.

Studies show that 55 percent of communication is nonverbal and two people will signal over 800 nonverbal cues over the course of a thirty-minute conversation. That’s why MESO is bringing Erick Rheam back to Oklahoma to present a full-day workshop on the principles and applications of body language and techniques that can be used immediately to enhance communication and influence.

Thursday, November 2, 2017

Edmond Public Works • 2004 Old Timbers Drive • Edmond, OK 73034

Seating is limited

[Click here](#) to register online or visit www.meso.org





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Workshop Objectives:

- Gain an appreciation and understanding of what drives human dynamics and how we display our emotions and intent through nonverbal cues.
- Learn the five body language channels and how to apply them at work and in life.
- Understand how your “vibe” affects others and alters the human dynamics of a situation.
- Learn negotiation and facilitation techniques and how to leverage body language to your advantage in negotiation settings.

[Click here](#) to learn more about Erick Rheam

REGISTRATION DEADLINE OCTOBER 27, 2017

[Click here](#) to register or visit www.meso.org

Early Bird Registration is \$99 per attendee (includes lunch)
After August 27, 2017 registrations will be \$129 per attendee
(includes lunch)

For more information about this workshop, contact Tom Rider at tom@meso.org. For registration or billing information contact Deborah Gonzales at deborah@meso.org.